

Ymca Level 2 Certificate In Fitness Instructing 500 8269 3

~~Ymca Level 2 Certificate In~~

Find out more about Level 2 QCF Certificate in Fitness Instructing - Gym-Based Exercise. This qualifcation is aimed at the learner who wants to pursue a career in the health and fitness industry as a fitness instructor in the context of Gym.Learners will cover:

~~YMCA Level 2 Certificate in Fitness Instructing – Gym – – –~~

The YMCA Level 2 Certificate in Gym Instruction is assessed through a combination of internal and external assessment. Learner Assessment Record; Assessment Workbook; Multiple Choice Theory paper Practical examination; Portfolio of evidence

~~YMCA Level 2 Certificate in Gym Instructing – YMCA Awards~~

To achieve the YMCA Level 2 Certificate in Sport, learners must achieve 12 credits from the mandatory units and a minimum of 16 credits from the optional units available, making a total of 28 credits. There are no formal entry requirements for candidates undertaking these qualifications. Tutor, assessor and IQA approval requirements

~~YMCA Level 2 Certificate in Sport – YMCA Awards~~

YMCA Level 2 Certificate in Leisure Operations. YMCA Level 2 Certificate in Sport. YMCA Level 2 Certificate in Teaching Group Exercise to Music (Freestyle) YMCA Level 2 Certificate in the Foundations of Strength and Conditioning (Trainer) YMCA Level 2 Diploma in Customer Service.

~~Level 2 – YMCA Awards~~

The YMCA Level 2 Certificate in the foundations of Strength and Conditioning is assessed through a combination of internal and external assessment. Learner Assessment Record; Assessment Workbook; Multiple Choice Theory paper Practical examination; Portfolio of evidence

~~YMCA Level 2 Certificate in the Foundations of Strength – – –~~

Overview. This qualification is aimed at individuals wishing to lead safe and effective walking sessions for groups of people with varying fitness and skill levels. The combination of the Level 2 mandatory units and walk leading units, provides learners with the knowledge, understanding and skills required to plan and deliver fitness walking sessions.

~~YMCA Level 2 Certificate in Fitness Walking – YMCA Awards~~

This qualification is mapped directly to The Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) professional standard for a Core Group Exercise Instructor and The Register of Exercise Professionals National Occupational Standards for Level 2 Certificate in Fitness Instruction (Exercise to Music) and is your first step towards a career as an Exercise to Music Instructor in just 2 terms!*,

~~YMCA Level 2 Certificate in Fitness Instructing – Exercise – – –~~

YMCA Level 2 Certificate in Fitness Instructing (Gym-Based Exercise, Exercise to Music, Exercise and Physical Activity for Children) YMCA Level 2 Awards (Step, Group Indoor Cycling, Studio Resistance Training)

~~YMCA Level 2 Certificate in Fitness Instructing – Water – – –~~

The Certificate is a level 2 qualification, accredited by the Awarding Body Consortium (ABC) and allows for the progression to our level three Diploma programme. How does it work? The course runs over 20 sessions lasting approximately three hours per session.

~~Level 2 – Certificate Studies – YMCA George Williams College~~

The Level 2 Gym Instructing Certificate will provide you with the best possible foundation to start your career within the fitness industry. Our gym instructing course is delivered with face-to-face training to give you the confidence and practical experience of communicating, motivating and interacting with customers.

~~Level 2 Gym Instructor course, Part-time & full-time – – –~~

Level 2 Certificate in Gym Instructing If you’re looking for a rewarding career in the fitness industry the YMCA Level 2 Certificate in Gym Instructing course provides you with the knowledge and skills to become a competent gym instructor which will qualify you to employment within a fitness facility.

~~Level 2 Certificate in Gym Instructing, fitness instructor – – –~~

Level 2 courses as a gym instructor and exercise instructor or Level 3 courses in personal training and yoga teaching.

~~Courses – YMCAfit~~

YMCA Level 2 Award/Certificate in Instructing Group Indoor Cycling Become an Indoor Cycling Instructor and boost your income by teaching fun and dynamic studio cycling classes.

~~YMCA Level 2 Award/Certificate in Instructing Group Indoor – – –~~

NEW Level 2 Certificate in Gym Instructing (RQF) Below are some of the work templates for the 'Level 2 Certificate in Gym Instructing' (post August 2018) Level 2 Gym Instructor Knowledge Questions File Gym Instructing Client Consultation Record File

~~Course: Assessment templates, Section: NEW Level 2 – – –~~

Level 2 Certificate in Gym Instructing (Course start date from July 2020) Level 2 Common Units (for Gym Instructing & Group ETM) This area contains the theory content for: Level 2 Certificate in Gym Instructing (Course start date from August 2018)

~~YMCAfit: Level 2 Courses~~

About this course This Level 3 Personal Training Diploma is for anyone that wants to start a career as a personal trainer that already has Level 2 Certificate in Fitness Instructing (Gym-based) qualification.

~~L3 Diploma in Personal Training – YMCAfit~~

The qualification is at Level 2 and gives you 20 points on the Register of Exercise Professionals. A mix of theory and practical sessions will be used throughout the course. The theory element of the course covers anatomy & physiology, customer experience, lifestyle management and preparing for a gym based programme.

~~Level 2 YMCA Certificate in Gym Instructing – Eastleigh – – –~~

YMCA Awards Level 2 Exercise to Music (freestyle) Level 2 • Part-time • Cornwall College Camborne This qualification is specifically for learners who are aspiring to progress to an exciting and highly rewarding career as an Exercise to Music Instructor on an employed or self-employed basis.

~~YMCA Award in Nutrition to Support Physical Activity – – –~~

This qualification is specifically for learners holding a Level 2 qualification in Gym Instruction or equivalent who are aspiring to progress to an exciting and highly rewarding career as a professional Personal Trainer on an employed or self-employed basis.

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