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Say No To Diabetes 10 Secrets To Preventing And Reversing Diabetes

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Little, Brown Book Group, Aug 4, 2011- Health & Fitness- 288
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In SAY NO TO DIABETES, nutrition expert Patrick Holford
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Diabetes type 2 and the forerunner of Diabetes 2, Metabolic
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Patrick Holford has used this program to help many clients reverse diabetes, lose weight and change their health.

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