# Posttraumatic Growth In Clinical Practice

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Miriam Akhtar Beyond Resilience: Posttraumatic Growth, and Self-Care [Siang-Yang
Tan] What is Posttraumatic Growth (PTG)?
Transformation After Trauma with Richard
Tedeschi, PhD

Posttraumatic Growth In Clinical Practice POST TRAUMATIC GROWTH IN CLINICAL PRACTICE, Doctors Calhoun and Tedeschi neatly navigate between the shoals of the psychotherapist and the layman; balancing both the requirements of scientific research while providing we,

laypeople with practical tools leading to a better understanding of those suffering trauma, and the few among them, on the road to post-traumatic growth (PTG.)

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ttheeventitself, produces the posttraumatic growth.

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