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Land of Fish and Rice:
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Lots of pictures of the
Jiangnan region's food
(south of the river..river
being the Yangtze delta
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region in China); with interesting stories to go along with each recipe. Long known as the "land of fish and rice" because of the country's rich agricultural regions, this area has been known for it's Chinese gastronomy for 800 years.

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sweet-sour memoir of eating in Cina

Land of Fish and Rice: Recipes from the Culinary Heart of ... That will be the new Fuchsia Dunlop book, due out in October, July in the UK, selfrecommending. Her work is far more than recipes, but rather an extended meditation on Page 14/33

food, history, culture and many other things. She is one of my favorite authors on any subject. Here is previous MR coverage of Fuchsia Dunlop.

*Land of Fish and Rice: Recipes from the Culinary Heart of ... Land of Fish and Rice includes many classic recipes from the region, Page 15/33

including Dongpo pork, West Lake fish in vinegar sauce, Mrs Song's fish soup, Lion's Head meatballs and Shanghai potsticker buns, Within its pages you'll find simple supper dishes, healthy vegetables and some spectacular centrepieces, such as Beggar's chicken in its shell of 'mud' that has Page 16/33

to be smashed open with a mallet at the table!

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will be inspired to try classic dishes such as Beggar's Chicken and sumptuous Dongpo Pork, as well as fresh, simple recipes such as Clear-Steamed Sea Bass and Fresh Soybeans with Pickled Greens.

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