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The interdisciplinary approach is uniquely different from a multidisciplinary approach, which is the teaching of topics from more than one discipline in parallel to the other, nor is it a cross- disciplinary approach, where one discipline is crossed with the subject matter of another.

# Interdisciplinary Approach - Advantages, Disadvantages ..

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Interdisciplinary psychology is the study of psychology as it relates to other areas of the human experience. As the field of psychology grows, more scientists are beginning to realize that many diseases and human behaviors may be caused or affected by psychological processes.

## What Is Interdisciplinary Psychology? (with pictures)

APA's strategic plan includes both expanding psychology's role in advancing health and increasing psychology's recognition as a science. To successfully address these two goals, psychology must become a bigger player in interdisciplinary science.

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