

## Fina Synchronised Swimming Manual For Judges Coaches

Manual of Canadian Synchronized Swimming Synchronized Swimming Manual of Canadian Synchronized Swimming Sport and Exercise Psychology The Allure of Sports in Western Culture Biomechanics and Medicine in Swimming IX The IOC Manual of Emergency Sports Medicine Star Manual Industrial Sports and Recreation Handbook of Synchronized Swimming New to Synchronized Swimming? Saskatchewan Sports The Components of Synchronized Swimming Hearings, Reports, Public Laws Protection of College Athletes Protection of College Athletes Basic Documents of International Sports Organisations Handbook of Synchronised Swimming Official Aquatics, Synchronized Swimming, Winter Sports & Outing Activities Guide The Sport Psychologist's Handbook

How to Create Patterns that "WOW"! Preliminary Free Combination - Fina World Junior Synchronised Swimming Championships 2016 (RSA) Team Free Final - FULL REPLAY | Artistic Swimming - Gwangju 2019 | FINA World Championships Team USA's Revolutionary Robot Artistic Swimming Routine | Water FiguresJapan's emotional Artistic Swimming moment at Kazan 2015 | Full length | FINA World Championships Sculls - Artistic Swimming Mixed Duet Free Final - FULL REPLAY! | Artistic Swimming - Kazan 2015 | FINA World Championships15-18 Yrs Solo - ASA NAG Synchronised Swimming Championships 2015

FINA Artistic Swimming World Series 2020RUSSIA solo gala show - 1st FINA World Youth Artistic Swimming Championships 2019 Team Spain's first ever Gold Medal in Artistic Swimming | Rome 2009 | FINA World Championships The Difficulty of Measuring Difficulty - Session 3 | FINA World Sports Medicine Congress 2016 Team Canada Synchronized Swimming Montreal November 2009 Team China Synchronized Swimming Montreal November 2009 China 2nd in 2015 Synchro Free Combination Champs - Universal Sports Reading Royals | Free Team Gold | National Synchro Champs 2019 Artistic Swimming - Full Team Event from Rio 2016 | Throwback Thursday Russia wins 2015 Synchro Team Tech Champs - Universal Sports A Synchronised Swimming Tribute to Michael Jackson | Music Monday USA wins first Mixed Synchro Swim Champs - Universal Sports Russia 2nd in first Mixed Synchro Swim Champs - Universal Sports Romashina /u0026 Ishchenko Artistic Swimming Medal routines | Athlete Highlights RUSSIA Team Free routine final - 1st FINA World Youth Artistic Swimming Championships 2019 Re-Live: Duet Free - FINA Synchronised Swimming Olympic Games Qualification - Rio de Janeiro Barracuda | Synchronised Swimming Figures

2015 FINA World Championship: USA 2nd in Synchro Mixed Duet Free RE-LIVE | Team Highlight - Toronto | FINA Synchronised Swimming World Series 2017 Solo Free Routine Synchronised Swimming 2012 European Championships TVE Synchro Team Technical FINAL 2007 FINA World Championships Melbourne S5 Runmifit smartwatch - MROTY Montre Connectée - RunMiFit App - IP68 Smartband - Unboxing Fina Synchronised Swimming Manual For

It is my great pleasure to present to you the FINA Artistic Swimming Manual for Judges, Coaches and Referees ... Judith McGowan, Chairman of the Technical Synchronised Swimming Committee from 1984 -1992. Since 1993 it has been updated every four years following each FINA Technical Congress. This Manual is recognised worldwide as a useful reference for judges, coaches, referees and athletes ...

### FINA ARTISTIC SWIMMING MANUAL FOR JUDGES, COACHES & REFEREES

It is my great pleasure to present to you the FINA Synchronised Swimming Manual for Judges, Coaches and Referees, a precious tool for all those in charge of developing and promoting this artistic discipline in the five continents. Synchronised Swimming has steadily progressed over the last years.

### 2013 – 2017 FINA Synchronised Swimming Manual for Judges ...

MESSAGE FROM THE FINA PRESIDENT It is my great pleasure to present you the FINA Synchronised Swimming Manual for Judges, Coaches and Referees, a precious tool for all those in charge of developing and promoting this artistic discipline in the five continents. Synchronised Swimming has steadily progressed over the last years.

### FINA SYNCHRONISED SWIMMING OPERATING MANUAL

fina.org - Official FINA website

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2009 – 2013 FINA Synchronised Swimming Manual for J udges, Coaches & Referees 11 4. Judges may remain on the FINA Judges List until the end of the year in which they reach the age of 65, unless the judges ’ Federation requests that their name be withdrawn. If a withdrawal results in a vacancy on the G list, the Federation may submit the name of a new candidate. FINA will periodically ask ...

### FINA SYNCHRONISED SWIMMING MANUAL FOR JUDGES, COACHES ...

SWIMMING FOR ALL - SWIMMING FOR LIFE It is my great pleasure to introduce you this “ Swimming for All, Swimming for Life – Learn how to swim, the basics ” Manual, as part of FINA ’ s global effort in the development of Aquatics in the five continents.

### SWIMMING FOR ALL – SWIMMING FOR LIFE MANUAL – FINA –

Download Artistic Swimming Manual (Updated August 2018) Judges & Coaches Manual - Addendum 06.09.2020 FINA AS Judges & Coaches Manual - Addendum 06.09.2020 FINA Water Polo Manual - July 2020. FINA Water Polo Referees Manual Download Diving Manual (06-03-2018) Download High Diving Manual (14-10-2019) facebook. Like. twitter. Follow. youtube. Subscribe. instagram. Follow. flickr. Follow. youku ...

### Development – Publications | fina.org – Official FINA website

Artistic Swimming Manual. Technical Committee. Officials. Latest results . Artistic Swimming More results. FINA Artistic Swimming World Series 2020. 06 Mar 2020. Paris, FRA. FINA World Youth Artistic Swimming Championships 2019. 28 Aug 2019. Samorin, SVK. 18th FINA World Championships 2019. 12 Jul 2019. Gwangju, KOR. FINA Artistic Swimming World Series 2019 - Super Final. 14 Jun 2019. Budapest ...

### Artistic Swimming | fina.org – Official FINA website

FINA Water Polo Manual (Instructions and Clarifications for Referees and NF) FINA Beach Water Polo Rules (Last update: 27.06.2019) Masters Rules. FINA Masters Rules - Valid from 21.09.2017 Masters World Record Form - Valid from 21.09.2017 Facilities Rules. Facilities - valid from 28.01.2020. FINA Swimming Pool Certification - February 2020 Version (updated on 27 Mar 2020) FINA Swimming Pool ...

### FINA Rules | fina.org – Official FINA website

artistic swimming 2017 – 2021 valid as of 13 september 2017 . version 15.09.2017 1 . part viii . fina artistic swimming rules . 2017 – 2021 . as 1 general . as 2 competitions . as 3 eligibility . as 4 sessions . as 5 programmes . as 6 entries . as 7 preliminaries and finals . as 8 figure sessions . as 9 figure panels . as 10 judgment of figures . as 11 penalties in figure sessions . as 12 ...

## ~~PART VIII – FINA~~

2013 – 2017 FINA Synchronised Swimming Manual For Judges, Coaches & Referees Section III 2013 – 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 112 C. JUDGING THE FREE COMBINATION ROUTINE The Free Combination must have eight (8) to ten (10) competitors who make a combination of routines choreographed to music. (SS 4.4) In Free Combination, at least two (2) parts must ...

## ~~C. JUDGING THE FREE COMBINATION ROUTINE – Edinburgh Synchro~~

2013 – 2017 FINA Synchronised Swimming Manual For Judges, Coaches & Referees SECTION II 2013 – 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 44 C. ANALYSIS OF FIGURES 1. ANALYSIS OF BASIC POSITIONS FINA Handbook APPENDIX II - Basic Positions In all basic positions: a) arm positions are optional, b) toes must be pointed, ankle must be extended, c) the legs, trunk and ...

## ~~C. ANALYSIS OF FIGURES – Edinburgh Synchro~~

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## ~~Technical Artistic Swimming Committee | fina.org ...~~

2013 – 2017 FINA Synchronised Swimming Manual For Judges, Coaches & Referees SECTION II 2013 – 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 25 A. JUDGING FIGURES A figure is a combination of basic body positions and transitions, performed in a manner and order as prescribed by the FINA Handbook rule descriptions. 1. FINA RULES FOR JUDGEMENT OF FIGURES SS 10 ...

## ~~A. JUDGING FIGURES – Edinburgh Synchro~~

2013 – 2017 FINA Synchronised Swimming Manual For Judges, Coaches & Referees SECTION II 2013 – 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 38 OPTIONAL GROUPS: Group 1 3 330c Aurora Twirl DD 3.0 An Aurora is executed to Vertical Position. A Twirl is executed. Total NVT 12.0 12.0 19.5 13.0 18.5 23.0 14.0 112

## ~~4. 2013-2017 FINA FIGURE GROUPS – Edinburgh Synchro~~

2013 – 2017 FINA Synchronised Swimming Manual for Judges, Coaches & Referees 68 Figure 142 – Manta Ray Difficulty – 2.8 Rule Book Description NV Diagrams Major Desired Actions 1. A Flamingo is executed to a Surface Flamingo Position. 10.5 11.0 10.5 1. Same as Figure 130 Flamingo, steps 1 and 2. 2. As the body unrolls, the bent leg is extended horizontally to assume a Fishtail Position ...

## ~~3. ANALYSIS OF FINA FIGURES – Edinburgh Synchro~~

FINA Artistic Swimming Manual 2017-2021: Aug 2018 4,9 Mb: 2017-2018 Synchro Canada Rulebook: 2018 2017-2021 FINA Rulebook: 2017 2017-2021 Figures and Required Elements: 2017 Technical Information Archive. NAME AS OF TYPE SIZE; CASSA Rulebook: SEP 2016 1.4 Mb: 2015-2017 FINA Rulebook: 2015 2.1 Mb: FINA Synchronised Swimming Manual for Judges & Referees: 2013 1.6 Mb: Description of figures for ...

## ~~OFFICIALS RESOURCES – Canada Artistic Swimming~~

Figure Grade 3 The England Synchro Figure Grade 3 focuses on 12 and under age group figures in synchronised swimming. Swimmers will be required to perform 10 elements to judges. Each grade has three levels (gold, silver and bronze) so all athletes have the ability to perfect their figures before moving to the next grade.

## ~~Figure Grade 3 | English Synchronised Swimming Grades~~

To view full descriptions of synchronised swimming basic positions (BP), basic movements (BM) and figures (Fig), download the FINA Figures and Required Elements document on the right of this page. 10 Elements to Synchro Figure Grade 5 Junior Team element 1 (DD 2.3) Junior Team element 2 (DD 1.8)

## ~~Figure Grade 5 | English Synchronised Swimming Grades~~

2017-2021 FINA Required Elements 2017-2021 FINA Figures JUNIORS & SENIORS # Name DD Videos Notes COMPULSORY 308i Barracuda Airborne Split Spin Up 360 ° 3.3 Over water & Underwater New Figure 355g Porpoise Twist Spin 2.5 DD changed from 2.6 to 2.5

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