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Livia Kohn, Ph.D., is professor emerita of Religion and East Asian Studies at Boston University. The author or editor of over 40 books, she now lives in Florida, serves as the executive editor of the Journal of Daoist Studies, and runs various workshops and conferences. Her specialty is medieval Daoism and the study of Chinese longevity practices.

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Bio. Livia Kohn, Ph. D., graduated from Bonn University, Germany, in 1980. After six years at Kyoto University in Japan, she joined Boston University as Professor of Religion and East Asian Studies in 1988. She has also worked variously as visiting professor and adjunct faculty at Eötvös Lorand University in Budapest, the Stanford Center for Japanese Studies in Kyoto, Union Institute in Cincinnati, Ohio, San Francisco State University, and the Taoist College Singapore.

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Prof. Livia Kohn (Department of Religion, Boston University) discusses the Daoist dimensions of Tai Chi and the Daoist path to better health and spiritual transcendence. This interview took place...

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